

Summary of fertility policy for the CCG website

If you and your partner would like to find out about fertility the best place to start is to read information on an NHS website such as [NHS Choices](#) and talk to your Islington GP.

Islington CCG has published our policy which shows what treatments are funded by the CCG for couples who have a clinical problem which means that they are potentially infertile. The policy is based on national guidelines to ensure that couples who do have treatment, have the best chance of getting pregnant.

Once a couple have had fertility tests, IVF may be the best option for treatment, if this is the case, Islington CCG funds two cycles of IVF which can be with either fresh or frozen eggs. For Islington residents, IVF takes place at UCLH or Imperial hospital. If a couple have already had some self-funded (private) IVF cycles, you may not be eligible for further treatment.

To be eligible for fertility treatment you would need to meet the following criteria:

- The woman's body mass index (BMI) will need to be between 19-30 (inclusive)
- The couple must be non-smokers
- There must be no children from the current relationship
- Treatment will need to take place before the woman's 42nd birthday

If you would like more information about fertility, fertility treatments or the policy and criteria, please talk to your GP who will discuss the options with you.